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Special Thanks to our Student Ambassadors that helped make Family Day 2016 a success.

TUSPM Tidbits

TUSPM Family Day 2016

The School of Podiatric Medicine hosted its first Family Day on September 24, 2016. We had over 100 participants attend.

This event was developed to welcome our students and their families into the TUSPM community. The participants had the opportunity to attend various workshops while also enjoying food, fun and games. We look forward to hosting our students and their families next year.

TUSPM Pre-Health Day

TUSPM will host a Pre-Health Day for students and advisors interested in learning more about the educational process and career opportunities within various medical professions. The Pre-Health Day will be held at TUSPM on Saturday, November 19, 2016 at 148 N. 8th Street. For those students anticipating entry into the health professions it would be an excellent opportunity to learn more about podiatric medicine, pharmacy, dentistry, nursing, physical therapy, occupational therapy and much more at Temple University. Learn more by visiting the TUSPM website or call 215-625-5451 to RSVP.

https://tuspmproprofessionalshealthday.eventbrite.com

Can you identify the skin condition in the photo to the right? Some may ask themselves, how does this relate to podiatric medicine. Dr. Tracey Vlahovic is a Podiatric Physician with a focus in Dermatology and explains the answer to this question below.

This condition accounts for the majority of autoimmune blistering diseases. The disorder most frequently affects the elderly with nearly two-thirds of cases occurring in individuals over 70.

Herpen also related his controversial experience of returning home from Vietnam, and how our country’s impression of our military has changed since his time. “Now, they really treat our veterans well, and America really appreciates our service now,” said Herpen.

Both soldiers and podiatrists have proven capable of their own forms of heroism, and deserve to be given recognition of this, side by side.

According to Herpen, military service can prepare aspiring doctors for their vocation in unexpected ways. “My time as a marine was very useful for me,” said Herpen. “In the service, they demand that you’re punctual, thorough, and responsible.”
On Saturday, September 17th, a group of TUSPM students attended the Pennsylvania Ecumenical 5k Run/Walk for Homeless in Neshaminy State Park. With wonderful weather, students participated in information tabling, promotional giveaways, and preliminary screening under the instruction of Dr. Howard Palamarchuck.

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Sports Medicine Club Group photo (left to right): Emily Gombosi, Randi Heming, Dr. Howard Palamarchuck, Gilberto Vila Arroyo, Ruben Nunez

Picture shows Dr. Palamarchuk and student Emily Gombosi addressing an ankle sprain of a participant.

Who said Halloween is only a time for little kids to go trick-or-treating? Here at TUSPM our students treated the patients to a day full of fun.

The Department of Surgery Chair, Dr. Jane Pontious arranged the annual Halloween Parade at TUSPM. Everyone had a wonderful time.

Congratulations to the following winners:
- Scariest Costume: Ghostbusters
- Funniest Costume: Snow White and the Seven Dwarfs
- Best Costume: Runner-Up: Minions
- Winner: Penguins/Happy Feet

Temple University School of Podiatric Medicine would like to formally welcome the TUSPM Class of 2020! Best of luck in your first year!
Temple University’s Board of Trustees unanimously voted on Tuesday to appoint Richard M. Englert as president. He has been acting president since July 21.

“President Englert has devoted his life to Temple University,” said Board of Trustees Chair Patrick J. O’Connor in announcing the decision. “Over the course of his 40-year career at Temple, he has earned a reputation as an outstanding teacher, administrator and leader.”

He continued, “On behalf of the board, I congratulate President Englert on his appointment and I know that the entire university community joins me in wishing him continued success.”

O’Connor said Englert’s appointment would provide the Board of Trustees an opportunity to “design and implement a deliberate and thoughtful process in the search for a successor.”

President Englert has held 16 other appointments at the university, from vice president for administration to dean of the College of Education, from provost to president’s chief of staff, among many other positions. “I am deeply honored by the decision of the Board of Trustees and their display of confidence,” said President Englert. “Temple University is an amazing institution of higher education with tremendous momentum. We are going to keep that forward movement alive in the coming months and years.”

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A recently approved Phase III clinical trial being conducted at Temple University Hospital is investigating whether a new, investigational drug for lupus is more effective than medications currently in use. In early phases, the drug, anifrolumab, reduced symptoms in more than half of patients after a year. Patients on the drug also had a decreased need for corticosteroids to treat inflammation that is common in lupus.

“The data from the Phase II trial was so promising that the FDA has granted fast-track approval for this new medication,” says Roberto Caricchio, MD, the trial’s primary investigator at Temple and Director of the Temple Lupus Clinic at the Lewis Katz School of Medicine at Temple University. “That’s excellent news because currently there are only four other drugs that have been approved to treat lupus, and only one of those was approved in the past 50 years. It is hoped that this treatment will help patients. However, this cannot be guaranteed.”

Temple is the only hospital in the Philadelphia region serving as an investigational site for the new drug, developed by AstraZeneca. A diverse and complicated autoimmune disease, lupus affects approximately 1.5 million Americans, and more than 16,000 new cases are reported every year. Many of the medications used to manage lupus symptoms — such as joint and muscle pain, fever, rash, and fatigue — are actually prescribed off-label.

“That means these drugs haven’t been tested with rigorous clinical trials in patients with lupus, which could lead to undesirable side effects, especially when used long-term,” Dr. Caricchio says. “Lupus causes such a spectrum of manifestations ranging from mild to life-threatening and everything in between, which is why it’s difficult to develop medications to treat it and to determine whether patients are responding to those medications.”

Intended for patients with moderate to severe systemic lupus erythematosus, anifrolumab targets interferon type-I, a protein involved in inflammation that has been known for decades to be important in the pathogenesis of the disease. Temple investigators are seeking 10 to 20 study participants between the ages of 18 and 70 with moderate to severe lupus who are currently taking prescription medication to treat lupus. The clinical trial will last a year and a half and requires 16 total visits. All study-related care will be provided at no cost, and patients will continue to take their current lupus medications in addition to receiving the new medication intravenously once a month.

Patients will also complete regular questionnaires from home and submit them electronically.

For more information about this or other clinical research trials at the Temple Lupus Clinic, email tug24408@temple.edu or call 215-707-4479.

Support Lupus

Philadelphia Liberty Bell

The Liberty Bell is an iconic symbol of American independence, located in Philadelphia, Pennsylvania. Formerly placed in the steeple of the Pennsylvania State House, the bell today is located in the Liberty Bell Center in Independence National Historical Park. The bell was commissioned from the London firm of Lester and Pack in 1752, and was cast with the lettering “Proclaim LIBERTY throughout all the land unto all the inhabitants thereof,” a Biblical reference from the Book of Leviticus. The bell first cracked when rung after its arrival in Philadelphia, and was twice recast by local workmen John Pass and John Stow, whose names appear on the bell. In its early years, the Liberty Bell was used to summon lawmakers to legislative sessions and to alert citizens to public meetings and proclamations.

Few who visit the City of Brotherly Love will realize that this exceptionally walkable and charmingly intimate city is actually the fifth largest in the country. Thanks to the clever designs of founder William Penn, and with the natural boundaries of the Schuykill and Delaware rivers, Philadelphia feels comfy and homey … but with all the perks of modern-day life. And everything from the city’s modern aspirations to its rich history can be found at the top things to do in Philadelphia.