Kyle Shaw was the special guest of students in Mrs. Amy Catalano’s and Mrs. Christine Sharkey’s classes in April. Shaw, a 2009 Washington Township High School graduate, presented a program on the systems of the body to the Bells Elementary School fourth-graders.

Shaw is a student podiatrist in the Temple University School of Podiatric Medicine. He’s also the son of Bells Guidance Counselor Mickey Shaw.

The Bells fourth-graders have been studying the body systems in their science classes. Recently, they did group projects on particular systems. Groups performed skits, sang songs, created large posters, and did informative Power Point Projects about a system.

Shaw was quick to find the students knew their information. Along with quizzing the students on their knowledge, Shaw introduced diseases that strike different systems, such as, hemophilia, osteoporosis, asthma, and more.

On April 20, 2015 nine students from TUSPM volunteered in the medical tent of the 119th Boston Marathon. Under the direction of Dr. Howard Palamarchuk, Associate Professor in the Department of Biomechanics, this marked the school’s 30th year of service at this event. The students were part of the medical team consisting of 1000 volunteers from medical doctors to nurses to athletic trainers.

TUSPM is proud to be a part of this great tradition and would like to thank Dr. Palamarchuk and our students for continuing to participate at this event.

TUSPM will host a Pre-Health Day for students and advisors interested in learning more about the educational process and career opportunities within various medical professions. The Pre-Health Day will be held at TUSPM on Saturday, November 21, 2015 at 148 N. 8th Street. For those students anticipating entry into the health professions it would be an excellent opportunity to learn more about podiatric medicine, allopathic medicine, pharmacy, dentistry, nursing, physical therapy, occupational therapy and much more. Learn more by visiting the TUSPM website or call 215-625-5451 to RSVP.

Congratulations to our 4th year students here at TUSPM who placed 1st place in the poster competition at the ACFAS Conference in Phoenix, AZ!
Congratulations to all TUSPM faculty and students that participated in the 2015 National APMA Abstract Competition

Congratulations to our exemplary faculty, students and co-authors on their placement in the APMA 2015 Annual Scientific Meeting. (The National) Abstract Competition. Several of the abstracts presented placed in the top three. We are very proud of all of our doctors and how they train our students to explore the profession beyond the classroom.

Dr. Jinsup Song, Dr. James Furmato, faculty members of TUSPM along with 8 students participated in Boot Fit with doctors and students from other podiatric medical schools plus 20 other volunteers. They spent two intensely productive days fitting over 1,100 new cadet candidates of the U.S. Military Academy (USMA) at West Point with properly-fitting boots.

The volunteers identified cadet candidates with a variety of pre-existing problems, ranging from blisters to bunions, hammertoes and other conditions, and referred them to their company medic. Cadets found to need special boot accommodations were referred to the Academy’s orthotist.

The group also collected data for a research project to map the foot posture and function of the incoming cadets. The data will be correlated with injury and performance histories for the cadets over their years at West Point.
Every day, Dr. Steven Peñneo and his students treat up to 15 patients, primarily for foot and ankle injuries. “It’s great for the patients because they’re getting individualized care and it’s not so busy that the students are running around and are not able to answer questions,” said Dr. Peñneo. “It’s much different than a private physical therapy practice might be.” This is only one of the many reasons why TUSPM’s physical therapy clinic stands out from others.

There are techniques and treatments that Dr. Peñneo has found to be most effective in foot and ankle injuries during his time at the clinic. “I take a very exercise-based and manual therapy-based approach,” said Dr. Peñneo. “[We use] a lot of hands-on and a lot of therapeutic exercise interventions to improve patient outcomes.”

Dr. Peñneo wants his students to become better with their physical examination skills while under his guidance. “I’m the only therapist and it’s more of a wide open space where there’s no closed treatment rooms, so I get to watch a student examine somebody and then I make them watch me examine somebody,” said Dr. Peñneo. “I like for [the students] to get efficient and proficient in their physical examination skills and really be able to try and step away from the patient and say: ‘This is what I think is wrong because this is what I found.’, and piece the puzzle together.”

In addition to the work he does with students, Dr. Peñneo welcomes referrals and is dedicated to increasing patient outcomes. “We take outside referrals as well,” said Dr. Peñneo. “Most of what I see is foot and ankle but I still treat full body and [will] work together to optimize the patient’s outcome which is the ultimate goal.”

We would like to welcome the Class of 2019 into the TUSPM family

The entering class of 100 students represent 26 states and 77 colleges and universities.